



TUDOR TIMES

Latest News and Updates from
Ysgol Harri Tudur / Henry Tudor School

Mr Phormula visits school

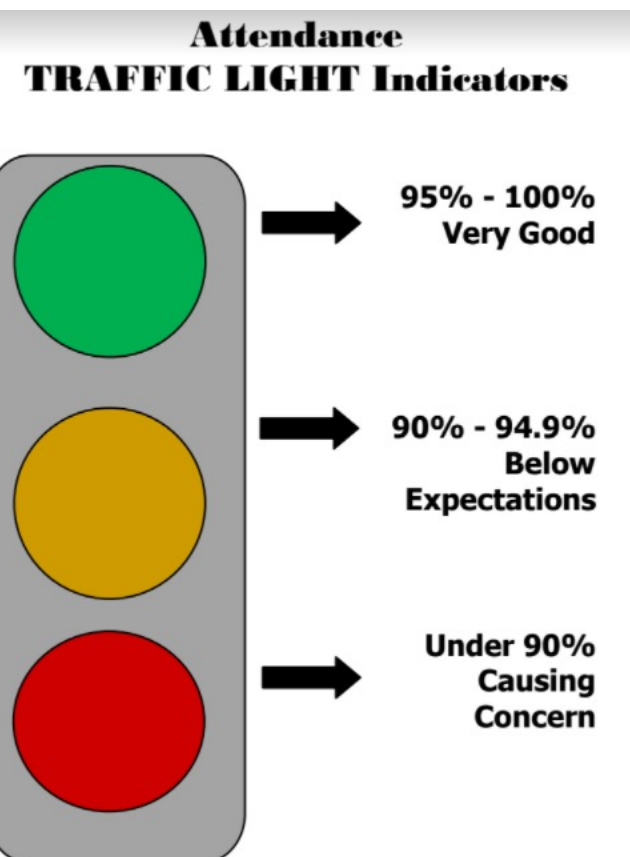


Welsh Looping Champion and renowned beatboxer Mr Phormula visits the school to help celebrate Dydd Miwsig Cymru, Welsh Language Music Day. Turn to Faculty News to read all about and what the pupils thought of the experience.

Welcome

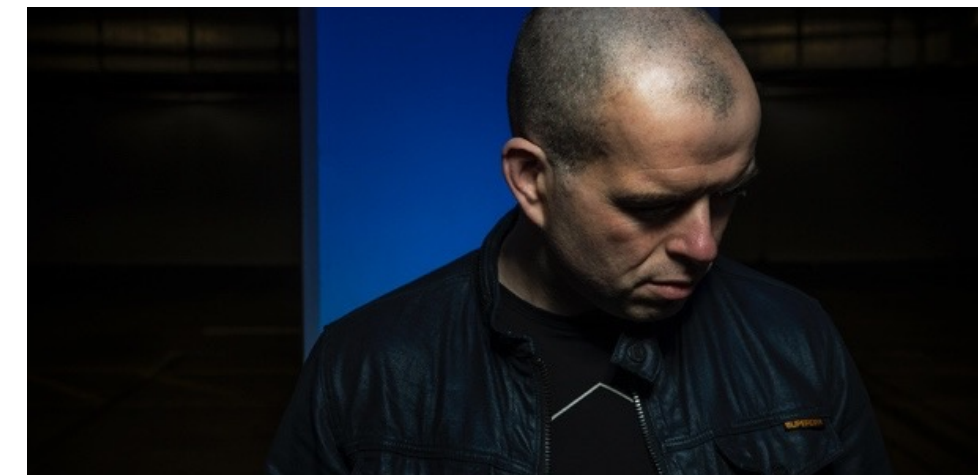
Welcome to February's issue of the Tudor Times, full of amazing work by our pupils and also information to help your learning. If you want to contribute to the next issue or have news you would like to share please pass on to your Mentor to pass onto us.

Find Henry Tudor School on Twitter @YsgolHarriTudur



Faculty News

Cymraeg



Daeth Mr Phormula i Ysgol Harri Tudur ar y 7fed o Chwefror i wneud 5 sesiwn o bît-bocsio a rapio. Mae Mr Phormula yn bît-bocsiwr a rapiwr enwog.

Mr Phormula came into Ysgol Harri Tudur to do 5 beatboxing and rapping sessions on the 7th February. Mr Phormula is a pioneering beat-boxer and live looping artist. With a career as diverse as the Welsh landscape within which he is rooted Mr Phormula's inspired performances and vocal compositions have gained him international recognition as a leading beatboxer, rapper and producer.

The fluidity of Mr Phormula's bilingualism is distinctive and this, along with slick rhythms, compelling bass lines and vocal dexterity, have earned him a broad and committed fanbase from across Cymru, the UK and the USA. Titles include being the current Welsh Looping champion and in 2013 he was the Vice UK Looping Champion.#

Learners Views

He was so cool and the session really amazed me. He uses Welsh in his raps and learnt himself to rap which is so cool and inspiring

From boots and cats kid (Jake James)

I liked his beatboxing he was really good but really loud. He was amazing WOW.

Ella Glen

I really enjoyed the beatboxer it was fun and amazing.

Tyler Streitburger

He was so cool and the session really amazed me. He uses Welsh in his raps and learnt himself to rap which is so cool and inspiring

From boots and cats kid (Jake James)

**We really liked Mr Phormula, he was really cool!
We loved the beatboxing we hope he enjoyed too !!!
Diolch/ Thankyou very much**

from Brooke and Aleisha !!!!!

I liked it because he put a lot of effort in it and it sounded like my music taste and it was really good how he did all that with just his voice and no sound effects or background music.

Emily Newell

When Mr Phormula first came with all of his equipment, I first thought that maybe this is the beatboxer that everyone was talking about and me personally thought this would be quite good and I was right. Possibly the best beatboxer I've ever seen in my life.

Oliver Brown

I really liked the beatboxer I think he was really good - da iawn . He was very funny. My favourite bit was when he turned random words into a rap. I hope he comes back again . After we came out of the gym everyone couldn't stop talking about how amazing he was- Ardderchog

Rosie Alcock

I thought it was absolutely amazing. I don't understand how he did it so well I would love to watch him again or even have lessons with him. Anhygoel.

Isabella Warfield.



Pupils have been creating advertisements for tourist spots in Pembrokeshire.

Castillo de Pembroke



Nuestro horario de apertura es de 10 a. m. a 4 p. m. con la última hora de entrada a las 3 p. M.

Hay muchas atracciones, como el mercado navideño y las cacerías de Pascua.

- Miércoles: Cerrado
- Jueves: Cerrado
- Viernes: 10:00 - 15:00
- Sabado: 10:00 - 15:00
- Domingo: 10:00 - 15:00
- Lunes: 10:00 - 15:00
- Martes: Cerrado

Dato curioso sobre el castillo de Pembroke

La estructura de piedra del siglo XII del castillo de Pembroke está hoy abierta al público y es el castillo privado más grande de Gales. El castillo también es notable por ser el único

Harry J from 7R chose to advertise the local attraction Barafundle Bay (Playa Barafundle)

Barafundle Beach
(Playa Barafundle)



Una pequeña bahía rodeada de dunas y pinos, a la que solo se puede acceder caminando media milla desde el aparcamiento más cercano. Con franjas de arena dorada y aguas cristalinas, Barafundle ha sido votada muchas, muchas veces como una de las mejores playas de Gran Bretaña y del mundo; ¡a menudo se compara con una playa caribeña! Esta playa virgen está aislada, lo que significa que no tiene instalaciones; así que todo lo que tomas tiene que volver a subir por los acantilados.

A small bay backed by dunes and pine trees, accessible only by a half mile walk from the nearest car park. Swathes of golden sand and crystal clear waters, Barafundle has been voted many, many times as one of the best beaches in Britain and the world; it's often likened to a Caribbean beach! This pristine beach is isolated which means no facilities; so everything you take has to come back up over the cliffs.



Baños
Bathing



Premio Costa Verde
Green Coast Award



Dunas de arena
Sand Dunes

Camine media milla sobre los acantilados desde el estacionamiento de Stackpole Quay. No apto para cochecitos o sillas de ruedas debido a la gran cantidad de escalones para subir y bajar desde la cima del acantilado.

Half mile walk over cliffs from Stackpole Quay car park. Not suitable for pushchairs or wheelchairs due to large number of steps to get up and down from the cliff top.

Café y aseos en Stackpole Quay. El pueblo de Stackpole tiene un pub que sirve comidas y hay una selección de alojamientos independientes en la zona.

Café and toilets at Stackpole Quay. Stackpole village has a pub serving meals and there is a selection of self catering accommodation in the area.

English

Y7 English learners getting creative!

As part of the Y7 English 'Myths and legends' context of learning, our very talented and creative learners produced some amazing 'dragon's eyes'.
Linked to our work on dragon descriptive writing, learners used clay and metallic paints to produce these fantastic outcomes.



Year 8 learners are currently studying the topic of 'War Poetry' in English lessons. They have been exploring what life was like in the trenches for soldiers during WW1 and learners in 80 have had a go at writing their own poems. They all worked incredibly hard and were very proud of the poems they produced. We hope you enjoy them.

Women staying at home
Older men not allowed to go
Remember the soldier's sacrifice
Lots of poppies
Death is all around us

Why do we fight?
At night, I hear men moaning
Rats the size of cats

Oh how I miss my family
Never again will I go into a war
End of World War 1 is near, but another World War will start decades later.

Written by Jenson John



**War has only begun but it feels like it has been an eternity.
Over land and in the sea we fight through the rough times.
Around the clock no time to stop until the day's end.
Long days, terrifying nights, I wonder if I will see the end.
Day and night many restless nights always with a keen eye.**

Wondering if I will see the daylight again.

Air ships battling for their country.

Rough nights, exhausting days to keep alive.

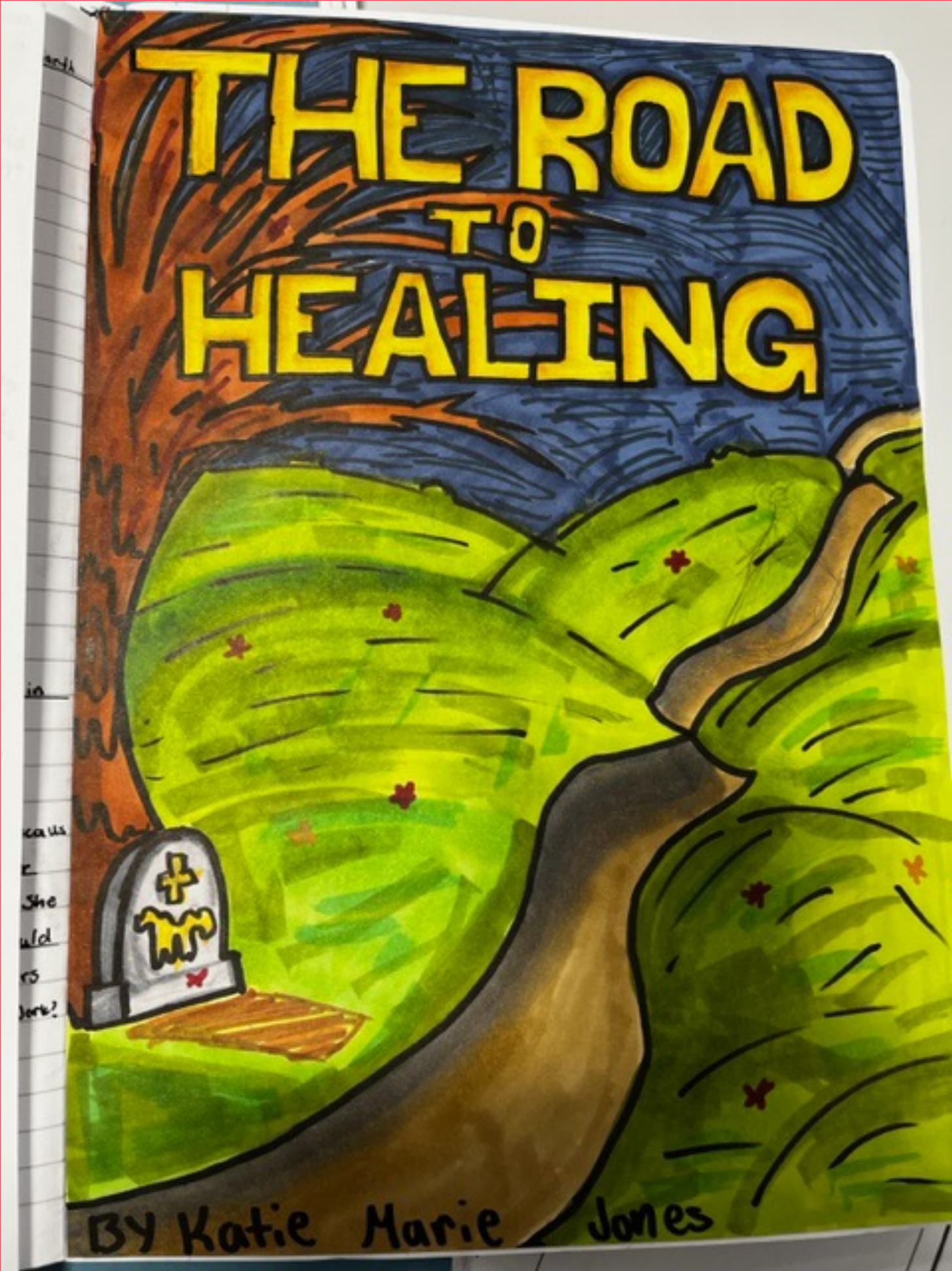
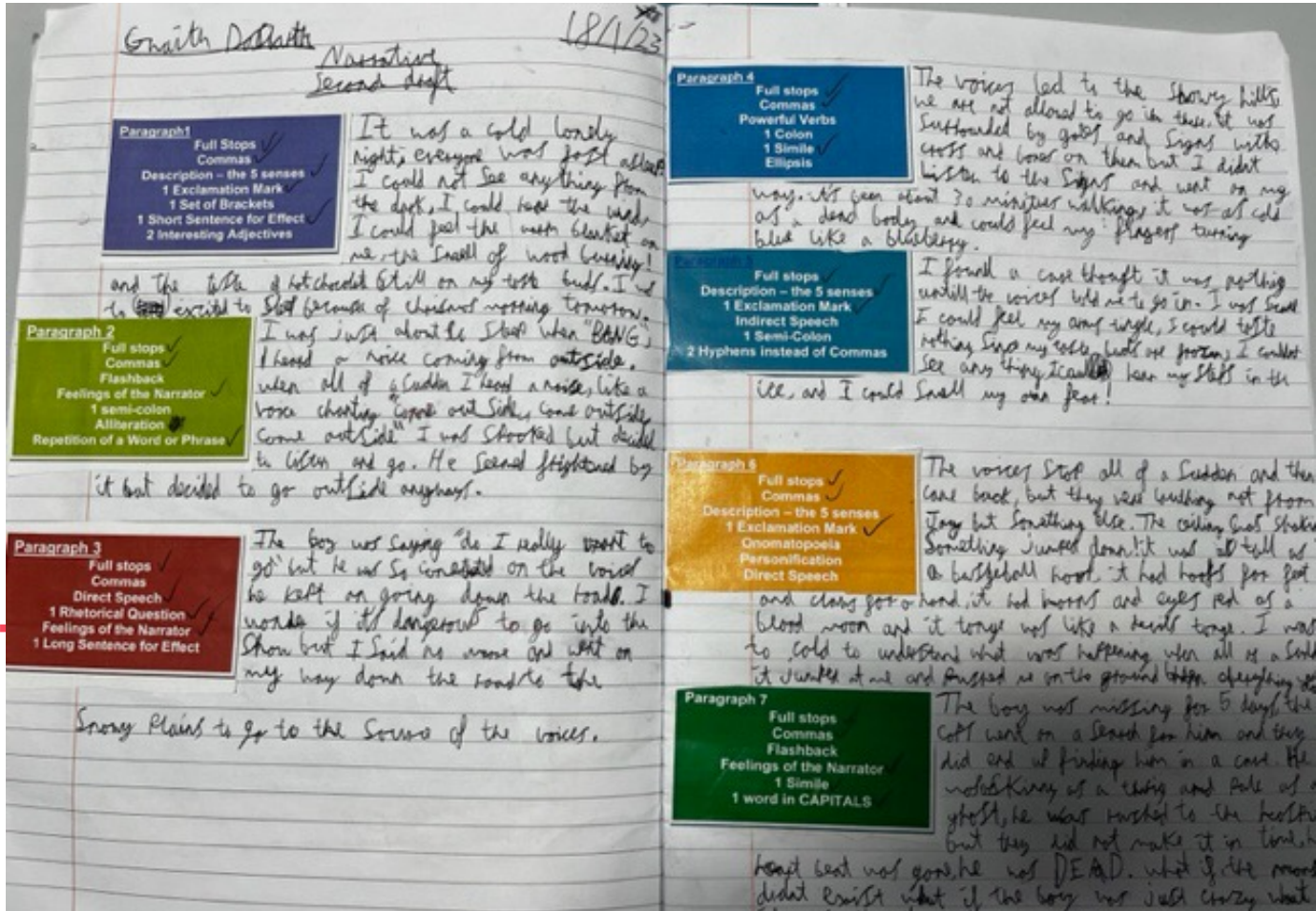
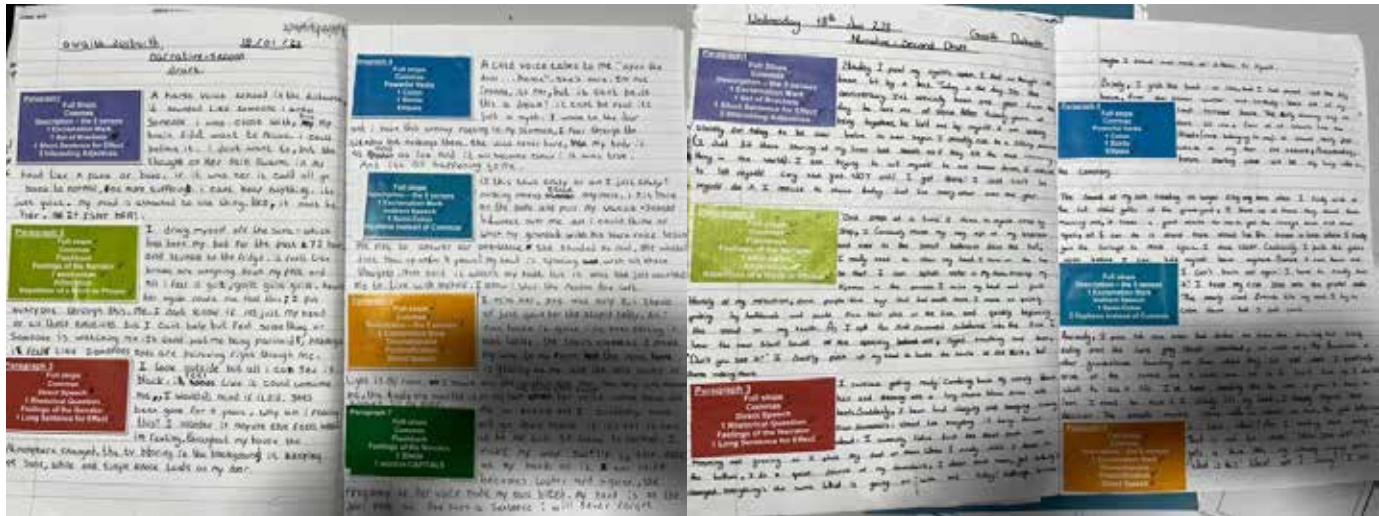
Over and on land they fought to see another day.

Never stop, never rest, we will get through this together.

End is near but so far away.

Written by Efa Robson

Year 9 Narrative Work



① Ranch is the microcosm that reflects USA macrocosm.
② Starts and ends in same setting
Circular narrative

Salinas, California

content recap

Steinbeck worked on migrant ranches as a teenager.

Racism:
Discrimination against black people due to prejudice stemming from slavery ~
Abolished in 1865.
Segregation visible on the ranch.
Identity of crooks unimportance.
White supremacists.

Prejudice against disability and weakness:
Lack of understanding and awareness. Seen as a burden.
No benefit system, weakness ~ removed / Euthanasia. Asylum / circus general outcome. Not very forgiving environment in 1930s

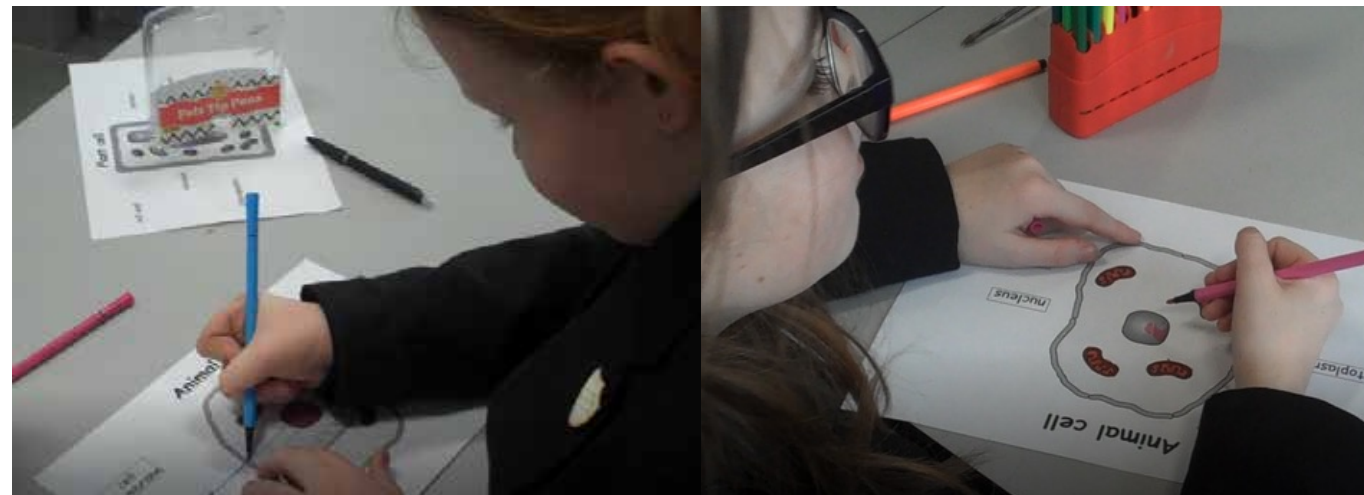
The American Dream:
No matter your background, if you work hard you can achieve anything. This is an unrealistic premise due to 1930 America struggles. All dreams in the novella are shattered. This is foreshadowed by title ~ poem The plans of mice and men oft go awry ~ R burns ~

Misogyny- prejudice against women:
Stems from a long history of patriarchal society ~ male dominance, female submission. Main role in domestic sphere ~ housework and child bearing. Objectified. During the war women had to. Man factories ~ return of men. Left many frustrated with no purpose. 1920s Hollywood boom ~ enabled insight into different female roles.

Life in 1930s America- migrant work- The Great Depression:
1929 wall street crash triggered a chain of economic failure for individuals / business. Huge unemployment rates. Less ranches due to Dust bowl. Triggered mass movements of migrant workers. Created a very hostile environment

Science

Year 70 are studying plant and animal cells.



Caitlin Davies

Mia Barham

Science Club Rocket Racers.



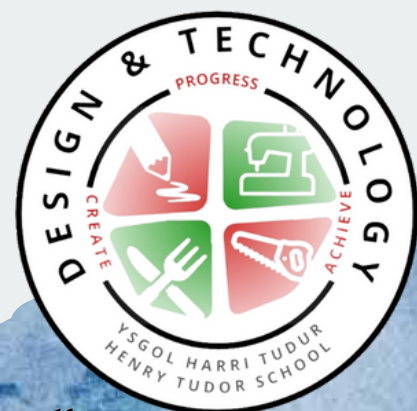
Pip James's rocket race successfully launch but unfortunately blow up as it crashed at high speed!

Design & Technology

Product Design - Metal



Year 8
Pewter casting with a
celtic theme to create
decorative pendants



Food and nutrition



The Year 9 Food and Nutrition learners all took part in the Schools Enterprise Challenge for Tasty Careers in Food and Drink. The task was to create a new healthy dish for a restaurant menu using sustainable Welsh ingredients.

In the first round learners had to present their ideas. The semi finalists were then selected and worked alongside Thomas Ferrante from Seren, who run the Grove in Narbeth, Coast in Saundersfoot as well as other venues in South Wales.

The successful semifinalists are: Nia Clarke, Brice Kestilla, Warren Price-Richards, Imogen Gray, and Emily Elliot.

We wish them good luck in the next round of the competition.

Hair and Beauty



Both Sheree Sture and Georgia Watts have now completed their facial unit and are now doing their manicure and pedicure units. We are taking bookings for manicure, pedicure and facials now every Monday 9:30-5, everyone is welcome!



Year 11 Reward Trip

On Wednesday 21st December, 75 Year 11 learners attended a Reward Trip to Swansea Winter Wonderland in recognition of their excellent attendance and behavior whilst also being on track academically. The ice-skating skills and positive attitude demonstrated by our Year 11 learners were commented upon by the Winter Wonderland staff as one of the best schools to have visited the site. Well done to all learners and staff who attended - and who all returned back to school injury free!



Learning Coaches

As a school we are proud to be able to offer the intervention of Learning Coaches. Over the past few years, many learners have benefited from receiving extra support from our friendly team.

The Learning Coaches have a lovely, bright, warm room with computer facilities as well as individual tables to work at. They offer 1-1 support as well as small group support depending on individual learners' educational needs. We have found that this intervention benefits learners' grades as well as their self-confidence and motivation



News from the LRC

Our Spring Term activity is Climbing. A group of our Year 8 learners have been challenging themselves at the climbing wall in Haverfordwest Leisure Centre and are working towards their NCAS Level 1 certificate.

After a nervous start, everyone is now taking part and each week progressing a little further up the wall, with one learner counting the times he can reach the top!

Well done everyone and thanks to Miss Davies for the opportunity - Dringo Gwych!





Sixth Form News

A day in the life, Sixth Form (designed by Poppy Bryant Year 12 Prefect)

This poster has been designed to inform prospective Sixth Form students what they can expect on a typical day in Sixth Form, including some of the opportunities available to them whilst studying here.

A DAY IN THE LIFE, SIXTH FORM

What is it like to study as a Sixth Form student in Ysgol Harri Tudur? Here is an insight into a typical day in Sixth Form.

Sixth Form community

As a student in Sixth Form there are multiple roles and activities you can get involved with. These include joining the Sixth Form prefects, school leadership team and school council where students take on responsibilities towards helping to support the school, and give a voice to those around them. It's a great opportunity to enhance your skills, talk about in university applications, as well as setting an example to those around you. Additionally as part of the Sixth Form community there are many social events throughout the year for example - bingo evenings, The winter ball and team building activities which sixth formers also have the opportunity to attend.



The school day

Monday	<p>This is an example timetable Sixth Form students follow consisting of both lessons and study periods as students normally study 3-4 subjects including Welsh Bac. These study periods are used as time to complete homework, revision, work experience, volunteer work and additional learning towards subject areas, and can be spent in the 4 Sixth Form spaces available within the school.</p> <ul style="list-style-type: none">Throughout the day Sixth Form students have 2, thirty minute breaks, where they are encouraged to use within the Sixth Form common room, a social space accessible to the Sixth Form. The canteen and shop are available to use by Sixth Formers for food and students are not required to wait in the queue.Mentor time is attended by Sixth Formers at the beginning of the day, much like lower down the school it is used as time for school announcements, important information and a learning and organisational time via vespa activities - focused around vision, effort, systems, practice and attitude, helping Sixth Form students to achieve
Mentor time	
Lesson 1	
Study period	
Lesson 3	
Lesson 4	
Study period	

Year assemblies happen once a fortnight in The Sixth Form common room and Sixth Form students are also required to attend house assemblies weekly.

The 4 Sixth Form spaces :

The study room



The kitchen area



The Common Room



The school library



Facilities -

The Sixth Form study room has a range of desks, study areas including desktop computers, individual seating for silent and focused revision time, with larger tables set up for group revision activities. With its new addition of a resource table the Sixth Form space now has a range of whiteboards, whiteboard pens, paper etc. that Sixth Form students can borrow to aid in their studies.

The common room facilities include, a range of sofas, chairs, tables, a kitchen area including a free drinks vending machine, fridge-freezer, sink, kettle for students to use.

Sixth Form have access to IT classrooms when they are not in use as additional space, access to separate toilets from the lower year pools all via their student ID cards.

With this great range of facilities, Sixth Form students have the independence to choose where they want to spend their study periods in the day and find the right environment suited for them to ensure students get the most out of their education.

Opportunities, support and preparing for the future

Sixth Form helps to prepare students for the future, no matter what their career direction - university, apprenticeships or stepping into the world of work. Students can expect to receive the support needed through a-levels enhanced with field trips, guest speakers, visits to universities eg - Oxford and Swansea, career events and work experience opportunities. Sixth form provides a connection to programs such as "step up to university" and summer schools as well as the Seren Network which allow students a chance to explore their options and gain experience towards their future.



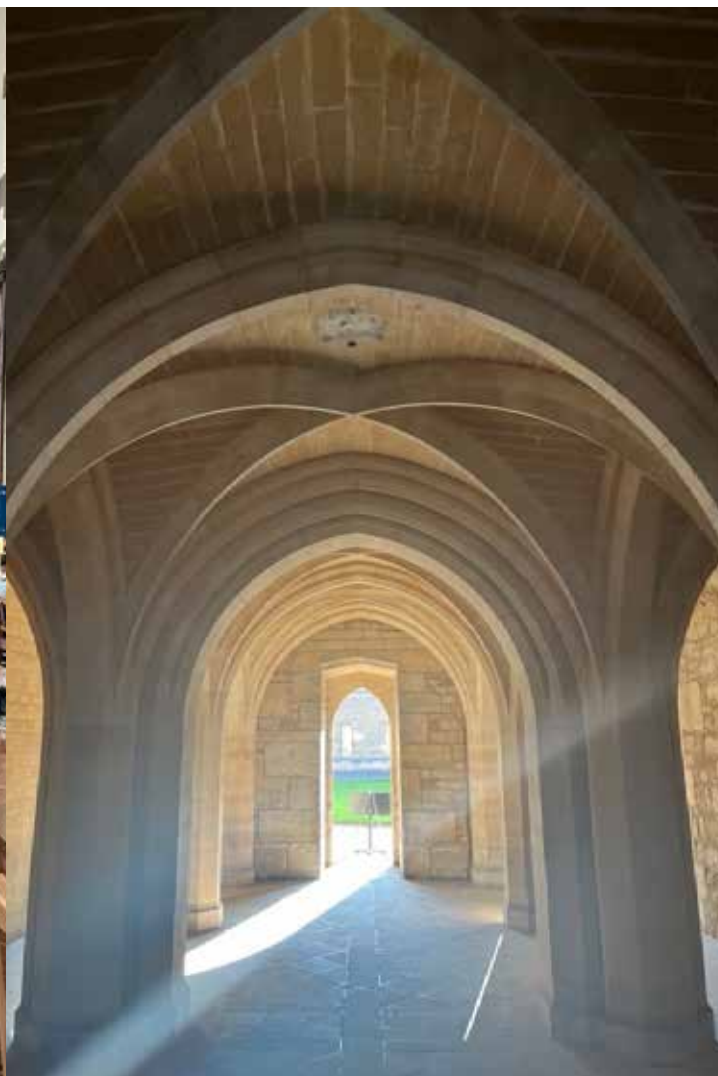
To find out more visit :<https://sites.google.com/yht.wales/sixthform/welcome>



Outreach Trip to New College, Oxford University

A group of Year 11 and 12 learners were hosted by New College, Oxford University this week. The Outreach team provided a range of activities to inspire and provide information. There was a tour of the College, Question and Answer Sessions with first year students, lunch in one of the prestigious dining halls and a fascinating tutorial from Dr Luke Lewis (a former pupil of Pembroke School). New College have a Summer School running in August for Year 11 and will be accepting applications shortly, a neighbouring college, Jesus College, is hosting the Year 12 Summer School this year, applications can be made through the Seren Space website.

Please come and see Mrs McMillan if you need support with these applications.



Cricket

Ava Midgley continues her training for the Welsh under 15s Cricket development team. We wish her the best of luck. Check out her profile on Manorbier's page.

Dance

Sport Pembrokeshire and UDOIT dance foundation have come together to put on the Pembrokeshire schools dance competition. Local dance schools such as Kelly Williams School of Dance and FFDancers have come together to convene the judging panel alongside UDOIT dancers and organisers Sophie, Connor & Danny.

Ysgol Harri Tudur pupils Kelci and Maizie teach Golden Grove pupils a dance routine in time to compete at the Pembrokeshire schools dance competition. 13 primary schools and 7 secondary schools competed on the day and took part in workshops of all different dance styles. Maizie and Kelci have been fantastic sports leaders and supported the dancers on the day and will continue to do so as they offer an after-school dance club for Grove school on a weekly basis.



Kelci has been a great young ambassador and coach with guidance from Kelly Williams in delivering the routine for YHT Collective (our own enrichment dance group). She also performed a duet with dancer Kacey from Greenhill on the day and impressed the learners and judges.



Football

Ysgol Harri Tudors Year 8 boys thoroughly enjoyed a football festival held at Ysgol Caer Elen on the 13th February. The team played five games, winning three and narrowly losing two. All six teams that attended the festival displayed brilliant effort and sportsmanship throughout the day. Our MVP for the tournament was Callum Fisher, displaying excellent skill across each of the five fixtures. Congratulations boys, you represented our school brilliantly!



Pembrokeshire County Schools U14's football team are currently half-way through their season with an exciting opportunity to progress from the league stages to the knockout stage in the inter-county tournament. Another fantastic performance last Friday saw them win 4-1 to a strong Carmarthen side. They are currently half-way through their season with 3 wins under their belt and missing out narrowly to the top of the table team from Swansea. Pembrokeshire County Schools are playing football to be proud of and truly growing as a team. Ysgol Harri Tudur / Henry Tudor School is represented by Kai Small, whose performance has been rock solid in goal and Billy Llewellyn who has been playing fantastically in defence. We look forward to following their progression as they have 3 final group games, home to Carmarthen and home and away to Afan Nedd.



Grace and Rebeka (Y7) competed in the Arden Cup on 29th Jan against St.Cleairs. The girls fought hard for their club Neyland and after a competitive game managed to come away with the silverware by winning 2-0. Congratulations girls, it's lovely to see you enjoying your sport inside and outside of school.

Hockey

Year 8 had their first Hockey Tournament last month, where the learners competed against various schools from around Pembrokeshire. Many of our Year 7s got involved and stepped up to play for the older year group, which was great to see. The learners gave their all in each game and showed fantastic sportsmanship in each game. There were some good passages of play throughout, with one significant moment being a brilliant through ball from Tillie John to Martha Bhari who scored the girls only goal for the day. The girls finished joint 5th and enjoyed their day of sport. Well done all, keep up the commitment to after school training.



Netball

Year 9 Netball Tournament



This half term the Year 9 Netball Team travelled to Greenhill School to play in the County Tournament. They were drawn in a tough pool and had to face Ysgol Bro Gwaun, Red Hill School and Greenhill School to go through to the next round. The girls worked really hard and the particularly strong attacking pair Bethany Kenniford and Anna May ensured convincing wins over both Ysgol Bro Gwaun and Red Hill. Although there was some great centre court play from Ashlee Evans and Tayla Evans, Greenhill took the lead late in the second half to go through as pool winners. The earlier performances secured Ysgol Harri Tudur's place in the Semi-Finals as group runners up.

We then faced Haverfordwest High, in a tough game the whole team played well and made some great attacking and defence plays. Amelie Hounsell and Tegan Harts in defence kept us in the game until the final minutes, where unfortunately HHVCS took the win. Tegan Harts was named as our player of the tournament, defending well throughout. Well done to the whole team: Anna May, Sammi-Jo Dymond, Megan Mathias, Jasmine Vines, Ashlee Evans, Tegan Harts, Amelie Hounsell, Bethany Kenniford and Tayla Evans.



Our learners who play netball for Pembroke Netball outside of school all took part in the local Pembrokeshire tournament on January 22nd. Two teams played in the U14s tournament with one team progressing through to the regional tournament. The u16 team also competed but unfortunately will not progress any further. Well done to all and good luck to the U14s in their next stage of the tournament.

Carys Kenniford Yr 10 is well into her training and competing for the West Wales U16 netball team. We wish her the best of luck.

Rugby

Some of our year 9 girls who play rugby for South Pembs Sharks had the opportunity to take part in the filming of an advert for a local company recently. The girls had a great time and will hopefully make their TV debuts when the advert is broadcast. Girls who took part were: Ashlee Evans, Tayla Evans, Tegan Harts, Imogen Gray, Megan Roberts. Can't wait to see the finished advert!

House News

SPRING TERM 1 - 2023
 VOLUME 3

CAREW NEWS

TO BE KIND, CARING AND LOYAL

HEAD OF HOUSE MESSAGE

Another half term has gone by as we look forward to Spring, the year is flying by. We have been fortunate to have such a well organised Eisteddfod with Welsh culture at the centre. Also a change to ClassCharts allowing learners to celebrate their successes with more certificates which have hopefully made their way home. Next term is short but still enough time to keep progressing with assessments looming, make every lesson count.

Top ClassCharts Points scorers this term	Year 7	Lily Buckland	Year 10	Archie Measey	
	Year 8	Macy George	Year 11	Callum Pratty	
	Year 9	Katie M Jones	Total Carew Points so far - 124,050		


Meet the Mentor Group - 7C2.

Class - 7Y/7C2
Members - 28
Mentor - Mrs Willington
Learners with a special skill
 Amelia Satchwill is a fantastic artist. Mollie Fitzpatrick an all round sports sensation. Megan Garrett Street Dancer supreme. Ella & Jake Drummers with talent. Iwan Harries aspiring rugby star. Melek Aykan who you want on your quiz team with her knowlegde off all world flags.
Did you know???
 Did you know Joe loves Monkeys. Melek speaks Turkish and Kosma speaks Polish.
7Y Favourite Subjects
 PE & Skills
Best food in the canteen?
 Pizza, Hash Browns and Wraps followed by a donut
Top Classcharts points scorer - Jenson Kenyon Sutherland
7Y Points scored this year - 15,527!

Penny Evans - penny.evans@yht.wales - FC06


House News

SPRING TERM 1 - 2023 VOLUME 3




MANORBIER NEWS

WE ARE ALL ONE...




INTRODUCING MANORBIER'S CRICKET STAR

AVA MIDGLEY 10M1




Nickname: Midge
Age: 15
Favourite food: Pasta
Favourite song: Freed from desire
Most embarrassing moment: Falling up the stairs in school
Biggest achievement: Wales female u15s cricket team
Goal for the future: Pass all exams with good grades and play cricket for the women's Welsh team




Mentor group points at the end of this half term

7M1 23165	7M2 17106
8M1 23549	8M2 15067
9M1 11911	9M2 9976
10M1 15330	10M2 9557
11M1 6020	



IT'S THAT TIME OF YEAR.... EXAMS BEGIN VERY SOON.....



THE SECOND HALF OF THE SPRING TERM SEES MANY OF OUR YEAR 10, YEAR 11 AND SIXTH FORM LEARNERS COMMENCE GCSE'S, MOCK EXAMS AND A LEVEL EXAMS. THIS CAN BE A STRESSFUL TIME. PLEASE UTILISE EVERY LESSON AND TALK TO YOUR TEACHER/MENTOR/A MEMBER OF STAFF IF YOU ARE WORRIED OR HAVE ANY CONCERNS. MAKE THE MOST OF ANY REVISION TIME YOU ARE GIVEN, TAKE SENSIBLE BRAIN BREAKS, GET PLENTY OF SLEEP AND STAY HYDRATED. REMEMBER YOU ARE NOT IN THIS ALONE. WE ARE ALL HERE TO HELP AND SUPPORT YOU. WE WISH ALL OF OUR LEARNERS THE BEST OF LUCK!

Louise Kitts
lkitts@yht.wales

Hydref 2022

PICTON NEWS

Courage, Wisdom, Hope



Head of House Message...

Hi Pictoners!

What a year we have to look forward to, and what a start we have already had! From a time when bake-off's and singing competitions seemed impossible, to the Autumn term of 2022, in which we have already enjoyed both! I was hugely proud of the effort we made for the open-evening and also glad to recognise particular baking success's in assembly.

Our first competitions...

The singing competition was also a major success for year 7 and Picton house. 7P1 led their way onstage with the house chant, before delivering a storming and unique performance. 7P2 gave a strong rendition of the song, making a sound far greater than their numbers! Very proud of our learners personal journeys in getting on to the stage!

If these events are any indication of the year to come, then it should indeed be a year for Courage, Wisdom and Hope!

Top Points Scorers

YEAR 7 - HOLLY POTTER
YEAR 8 - RUBY EDGAR
YEAR 9 - ANNA MAY
YEAR 10 - CERY SKEELS
YEAR 11 - MIA ROWELL

House News

Spring Term 1 - 2023

Volume 3

NARBERTH NEWS

Think BIG! Dream BIG!

MEET HEAD OF HOUSE AND MENTOR - MR KINGDOM [7N1]

Subjects you teach?

I am a trained Maths & Drama teacher but currently am teaching Transition skills to Year 7, Humanities & Skills to Year 8 and teach 90 and 100 under the universal learning provision.

What would you say are your best qualities?

Oooo that is a tricky one. I am pretty critical of myself. I'll say I am always 100% committed to whatever I am involved with.

Do you have a nickname?

The learners refer to me as Mr K but outside of school it is Shadow (long story!)

Do you have any hobbies outside of school?

I am captain and Secretary at Pembroke Dock CC and used to love football until my knees said "NO MORE!" As you know I love my theatre :-)

Favourite quote?

I am mad for quotes but you can't beat Rocky's "It aint how hard ya hit, it's how hard you can get hit and keep moving forward. That's how winning is done!"

If you weren't a teacher what would you do?

Would love to get acting again or these days something within the lighting side of Theatre.



CURRENT POINTS LEADERS! - SPRING TERM

Year 7 - Maisie Ashton

Year 8 - Efa Robson

Year 9 - Ieuan Lloyd

Year 10 - Nicola Harries

Year 11 - Keira Brown




Mr Pete Kingdom - FD05 - pkingdom@yht.wales

SPRING TERM 1

VOLUME 3

UPTON NEWS

BE HERE, BE YOU, BELONG!

HEAD OF HOUSE MESSAGE



Well, what a great start we have had to the new year so Upton House have shown great consistency in their academic studies, through a significant amount of house points being awarded. I am incredibly impressed with how our upper school years have been leading by example. Keep it up!

Learners have been showing their competitive nature in PE lessons this half term, where in their final week they have been engaging in inter-house competitions. The boys have been displaying their skills in badminton and handball, whilst the girls inject flare and power through rugby and dodgeball.

TOP HOUSE POINT ACHIEVERS FOR EACH YEAR GROUP.

MAISEY VINCENT 7U2, ZAC BEYNON 8U2, DEVON OLVER 9U2, LEON LEWIS 10U1 & GEORGIA BUNYAN 11U2

THIS HALF TERM..

Freya C, Grace G and Kelsey G of Y8 & Kelci F and Olivia P in our 6th form competed & supported in the Pembrokeshire dance competition. The girls pop, locked and dropped their way to success to emerge as county champions. They will now go onto compete in the national schools next month. Llongyfarchiadau merched!



MISS S DAVIES - SDAVIES@YHT.WALES - THE PE DEPARTMENT

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Updates from the Youth Room Training Residential



Sixteen year 7, 8 and 9 learners recently attended a residential at the YHA in Broadhaven with the Pembrokeshire Children & Young People’s Rights Office to help them learn and understand more about their rights, democracy and participation.

Key feedback from the learners regarding ‘what’s important to them’ included:

- They would like better information on accessing emotional health and wellbeing services
- They are worried about the impact poverty is having on children, young people and their families
- They are interested in developing a community youth voice forum

Importantly, like all sessions with the school Youth Worker, it was not all work and no play! Learners were also able to form new friendships, play in the local park, walk along the beach and enjoyed a game of rounders.



Adventure Services Club

The Adventure Service Challenge Club is designed to introduce KS3 learners to the main sections of the Duke of Edinburgh Award in a fun and engaging way. Over the past few weeks learners have been challenging ... recovery position. Whilst learners had fun during these sessions, they appreciated the seriousness of learning such valuable skills in developing their confidence to help if needed in a first aid emergency.



Princes Trust Achieve Programme

Budgeting skills has been one of the key topics covered this term. Using the Money Saving Expert budget planner and monopoly money, the learners were better able to understand the true cost of living and how to manage their finances more effectively. KD said “this is an important life skill that will definitely help me in the future”.

Wellbeing

Extra- Curricular Opportunities Timetable Spring 2023
This list is not exhaustive, more clubs and societies are being added on a regular basis.

	Monday	Tuesday	Wednesday	Thursday	Friday
Pre-School (SP 8:15-8:45)		Multi-Sports Sports Hall		Multi-Sports Sports Hall	
Mentor Time (8:45 – 9:15, Friday 8:45-9)		LRC		LRC	
Break 1a, Y7&8 (11:15 – 11:45, Friday 11-11:30)	Football & Rugby Skills, Astro Turf Mindful Monday - Chill & Create: Y7 & 8 - Library	Football & Rugby Skills, Astro Turf Rebel Readers: Y7 & 8 - Library	Football & Rugby Skills, Astro Turf Read to Relax: Y7 & 8 - Library Rainbow Drop in (LGBTQ+ club in FA23)	Football & Rugby Skills, Astro Turf Comics & Manga Club: Year 7 & 8 - Library	Football & Rugby Skills, Astro Turf Games Club: Y7 & 8 - Library
Break 1b, Y9,10,11 (12:15-12:45, Friday 12-12:30)	Football & Rugby Skills, Astro Turf Read, Research, Discover: Year 9, 10 & 11 - Library	Football & Rugby Skills, Astro Turf Read, Research, Discover: Year 9, 10 & 11 - Library	Football & Rugby Skills, Astro Turf Read, Research, Discover: Year 9, 10 & 11 - Library	Football & Rugby Skills, Astro Turf Week A: Readers of the Round Table: Year 9, 10 & 11 - Library Week B: Read, Research, Discover: Year 9, 10 & 11 - Library Rainbow Drop in (LGBTQ+ Club in GD06)	Football & Rugby Skills, Astro Turf Read, Research, Discover: Year 9, 10 & 11 - Library
Break 2a, Y7&8 (1:45 – 2:15)	Football & Rugby Skills, Astro Turf Y7 Keyboard Club - GE05 Read, Research, Discover: Year 7 & 8 - Library	Football & Rugby Skills, Astro Turf Read, Research, Discover: Year 7 & 8 - Library	Football & Rugby Skills, Astro Turf Y7 Singers - GE05 Read, Research, Discover: Year 7 & 8 - Library	Football & Rugby Skills, Astro Turf Read, Research, Discover: Year 7 & 8 - Library	Enrichment All years Meet in the hall at 1:45pm Street Dance Football Parkour Tennis/Squash Rollerblading

After School (3:15-4:15 unless specified, Friday Enrichment (2-3:15))	Y7&8 Football Hockey Rugby Boys	Y7&8 Girls Rugby	Y7&8 Netball Hall	Y9&10 Girls Rugby	Swimming* Gym
	Y9 - 6 th Form Netball	Y9 - 6 th Form Football	Y9-6 th Hockey	Badminton & Volleyball Hall	*For swim/gym please contact the Leisure Centre and book directly prior to the Friday session 01437 776660
	Yr11 GCSE Digital Technology Catch Up GE15, 2.45 - 4pm (begins Mon 16th January)	Gymnastics & Cheerleading School Gym	Basketball School Gym	Y9 - 6 th Form Girls Spin	
	Year 10 Duke of Edinburgh, FC03 (Begins Mon 26th Sept)	Y11 Duke of Edinburgh, FC03	Yr11 GCSE Digital Technology Catch Up GE15, 2.45-4pm (begins Weds 18th January)	Y11 Hair & Beauty Catch-up, Phoenix Centre, 2:45pm (begins Thurs 07 Oct)	Music, All Years, GE05
	Chess Club: all years: Library	Rock School, All Years, GE06	Show Choir, All Years, School Hall	Read, Research, Discover: all years - Library	Drama, All Years, School Hall
	Rainbow Drop in after school club (LGBTQ+ club) in the youth room CLC	D&T Enterprise club LE11	Gardening Club, Wellbeing Garden (indoor if heavy rain) Every week A only throughout winter	Taekwondo (run by Jay Lee, 07943511961) 5:30pm	Choices Club: All years - Library
	LEGO League Robotic club FD01	KS4 English support (catch up and revision), FC02, 2:45-3:45pm	Additional Maths, Y11, Invitation only, 3-4pm		
		Club Cymraeg, GC08, 3:15-4pm	Science Club, All Years, FD01		
		Gaming Society (D&D and other role-playing and board games): all years - Library	Pupil Library Assistant Team: extra training and activities - Library		
		Debate Club FC08			
		Sports Studies Catch Up/ Revision (GCSE and AS/A Level) - PE Department			
		Police Cadets 6pm			

Black type - Sport Pembrokeshire/PE Department

Red type - School Activity/Club

Blue Type - External Activity/Club

Ukraine to Pembroke

School will be keeping the Ukraine struggle in our thoughts by cycling and rowing the distance 2 of our current Ukrainian learners (Vlad and Margarita) have taken to arrive in Pembroke. This will be similar to last year's event in that it will be conducted on static machines in Reception. A Just Giving page will be set up and staff, learners and families are most welcome to book a period to contribute to the journey. Further details to follow, including the exact distance and route to cover! The event will start on Monday 27th February 2023.

<https://www.justgiving.com/fundraising/harri-tudur-vladsjourney>

Look out for updates and pics in the next issue of the Tudor Times.
Good luck everyone

HSBC

This half term, Richard D' Sterio and his team from HSBC are delivering a financial workshop to our learners in Years 7 and 8. The purpose of these workshops is to inform and equip learners with financial knowledge about the basics of banking, borrowing, saving, and why getting a bank account is important. Understanding how to recognise fraud and how to protect their online identity is also discussed.

Careers West Wales

Year 8 learners have recently received a workshop delivered by Angharad Bell, the school careers advisor. The purpose of the workshop is to develop and expand learners' knowledge of careers and to encourage them to start thinking about career planning. Learners were introduced to the Careers Wales website where they completed a range of activities to help them identify possible job opportunities based on their strengths. Job information sheets were completed enabling learners to research their chosen career path.

CYLCHLYTHYR GYRFAOEDD Y FYDDIN

ARMY CAREERS NEWSLETTER



[ACC Swansea]
FEBRUARY 2023



Y NEWYDDION DIWEDDARAF LATEST NEWS



NATIONAL APPRENTICESHIPs WEEK

Over 95% of soldiers work towards an apprenticeship as part of their training. Show your students our [video](#) for apprenticeships week and find out more [here](#).

ARMY FOUNDATION COLLEGE



16+ OPTIONS

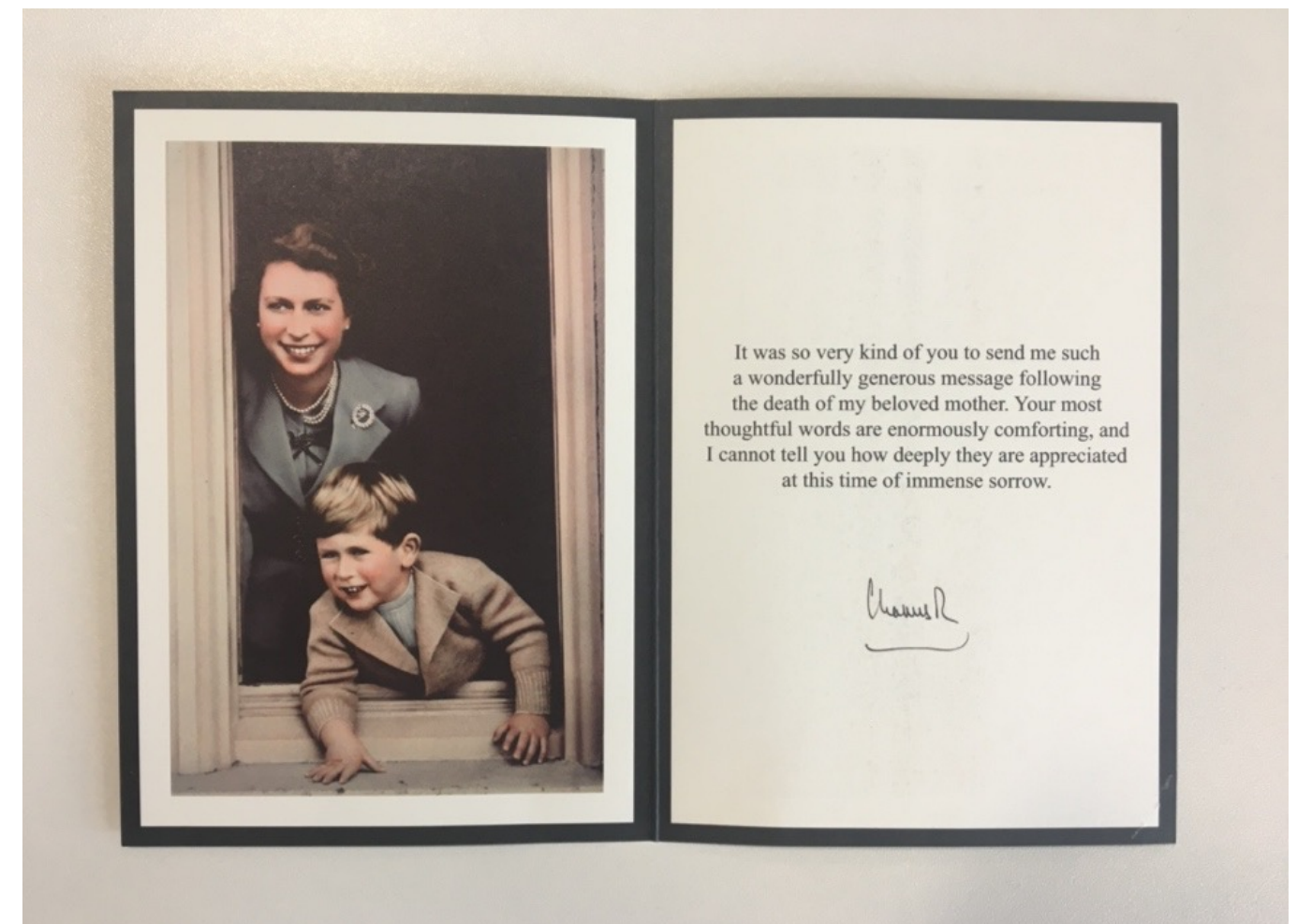
Find out about what it's like to start your Army training as a junior soldier with our new [video](#). The [Army Foundation College](#) is an experience like no other.

GWEITHGAREDDAU ACTIVITIES

The British Army offers a range of FREE activities, workshops and events to support you and your students. From careers presentations to team-building activities, the Army has something to inspire your school. Email us to book or visit our [website](#).

Book of Condolence

We were very touched to have received a thank you note from Buckingham Palace for the Book of Condolence for Queen Elizabeth II.



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Support for families

With half term approaching, we know some families may be worried how they will afford daily essentials, as well as providing meals for their children who are off school.

Did you know?

Families who receive the pupil development grant and are in receipt of a means tested or disability benefit may also be entitled to help towards their water bills.



**We're here
to help**

Call us to talk through
your options:
0800 052 0145

Visit us online for
more information:
dwrcymru.com/supportwithbills

You could
save up to £230
on your annual
water bill.




the
national
sleep
helpline

Does your child suffer with sleep issues?

**Do you struggle
with your child's
bedtime?**

**Will your child
not sleep in
their own bed?**

WE CAN HELP

 **03303 530 541**

Sunday - Tuesday & Thursday 7pm - 9pm
Wednesday 9am - 11am





Around 50% of children will have a sleep issue at some point*

WHAT IS THE NATIONAL SLEEP HELPLINE?

In partnership with Furniture Village, The Sleep Charity has launched a brand new National Sleep Helpline to ensure that everyone has access to high quality, evidence-based advice.

HOW CAN THE NATIONAL SLEEP HELPLINE HELP YOU?

- Run by a team of specialist trained sleep advisors
- Offer you some practical strategies and recommend services that could help
- Ensuring you understand how sleep plays an important part in your child's mental health and wellbeing
- Listen without judgement and help you decide what next steps are right for you
- Empower you with sleep knowledge so you can understand why your child might not be sleeping well and how that can change

03303 530 541

Sunday - Tuesday & Thursday 7pm - 9pm
Wednesday 9am - 11am



Copyright © 2022 The Sleep Charity. All rights reserved. The Sleep Charity, a charitable incorporated organisation registered with the Charity Commission under registration number 1150585.
*Survey of 2,000 adults by OnePoll, Aug 2021



Emotionally Based School Avoidance- A parent/ carer workshop

For parent/carers of children at secondary school age
With Pembrokeshire Educational Psychology Service,
Early Help Team and Parent Partnership

Emotionally Based School Avoidance is a broad umbrella term, to describe children and young people who have severe difficulty in attending school due to emotional factors, often resulting in prolonged absences from school

- To increase understanding of 'emotionally based school avoidance' (EBSA) and why it is happening
- How to build a partnership with schools and professionals to work together to support your child
- Explore ways parents can support their child to manage the push and pull factors that affect their attendance

Where: Haverfordwest venue TBC

When: Tuesday 14th March 9am-12pm

**FOR FURTHER DETAILS & TO BOOK YOUR PLACE contact
Parent Partnership on 01437 776354 or email
pps@pembrokeshire.gov.uk**

Who are you?

Welcome to another instalment of Who are you? This issue we were lucky enough to catch up with Mr Geraint Williams - Science.

When you were in secondary school what did you want to be?

A vet, I absolutely love animals and I always wanted to do something to help them, then I did 2 weeks work experience in a vets and we put down over 100 dogs, I cried, I hated it and I no longer wanted to be a vet. Then it was the next Sir Dai Att! Zoology was the next idea. A professional footballer was a back up plan too.

What is your fondest memory of your teenage years?

Mostly hanging out with my friends, school discos, playing football, skateboarding, fishing, doing a lot of things I shouldn't have, camping, exploring woods and caves and mountains, generally being outside and having fun with as many of my friends as possible.

What school did you go to?

I went to Glyncoed Comprehensive school, I would later teach there too, that was a weird but lovely experience, working with staff that taught me. It has since been knocked down and become a part of the Ebbw Fawr learning community school.

If you could give one piece of advice to pupils taking exams, what would it be?

Revise and do your best, but do not make yourself sad and miserable revising. Do what you can and remember it's not the end of the world. I put a lot of pressure on myself when I was younger it ruined a lot of things for me. Having a good balance is difficult to do, but something to aim for. Make a plan and try to stick to it. Talk to parents/friends about exams if it's getting a bit much.

Describe your secondary school experience in one word?

Adventurous

Who was your celebrity crush in your teenage years?

Kelly from Saved by the Bell and Princess Leia from Star Wars

What is your most embarrassing moment in secondary school?

Probably not allowed to say some of them but I will go with performing in the school charity concert. My mates and I thought it would be a good way to get out of lessons so we dressed up as the "Spice Boys" I was Posh Spice and we danced around to Wannabe like idiots. Anyway, about half way through the ties I had stuffed in my bra to look like I was Victoria Beckham fell and was dangle out the bottom of my dress between my legs, without thinking I pulled the dress up and stuff the tie back in place, not realising I had flashed all the audience made up of parents and teachers. Very embarrassing.

If you could teach any other subject, what would it be?

I already do! I teach ALL the Sciences! Science is the most amazing subject, sorry it is!

Who is your teacher BFF?

The Science department in general amuses me in different ways. Mr Butterworth and his love of all things childish, Mr Male and his extremely well labelled room, Dr Wise and her Stories, Ms Mackeen and her funny ways.

What would the students be most surprised to find out about you ?

I was born in South Africa and have dual citizenship, so I am Welsh and South African.

What university did you attend and what did you learn from the experience?

Cardiff University, Zoology. I can survive on my own..just...

Staff News

Starters

Welcome to the following teachers and support staff, we hope you enjoy your time at Henry Tudor School.

Ms N John LSA

Ms R Davis
PSO maternity cover

Movers

Mrs L Callen
Broadhaven

Mrs S Westwood
Clerical Assistant

Ms A Chadd
Exams Officer

Leavers

All the best to the following staff
who will be leaving us

Mrs A Ahmed
Cover Supervisor

Ms J Bradley
Literature HLTA


Governors

Ysgol Harri Tudur / Henry Tudor School

GOVERNING BODY




COMMUNITY GOVERNORS	
Ms D Bush	
Mrs S Elliott	<i>Chair</i>
Mrs S Harries	
Mrs E Taylor	<i>Vice Chair</i>
Mrs P Thomas	
HEADTEACHER REPRESENTATIVE	
Mrs F Kite	
LA REPRESENTATIVE	
Mrs S Fletcher	
Cllr T Hodgson	
Mrs K Lee	
Mr A McNaughton	
Mr T Payne	
PARENTAL REPRESENTATIVE	
Miss L Cawley	
Mr A Lloyd	
Mr S Lowdell	
Mrs G Mckinlay	
Mrs E Small	
TEACHER REPRESENTATIVE	
Ms B Merritt	
Mr S O'Connor	
NON-TEACHING REPRESENTATIVE	
Mr R Harries	
ASSOCIATE PUPIL GOVERNORS	
Luke Coleman	
Daisy Smith	




Ysgol Harri Tudur / Henry Tudor School

Please find below an illustrative guide to the school uniform.




Unless otherwise stated, the items below are available from general supermarket uniform ranges as well as Tees R Us. Where specific items are only available via Tees R Us this is identified under the images*. Price lists from Tees R Us are available on request via their website.

School Blazer with embroidered school badge* available only through Tees R Us (optional for 6th Form). A self-sew badge* **may** be available under special circumstances.




Clip-on School Tie in Year colour with embroidered school badge* – available only through Tees R Us (requires shirt with top button so ensure generous collar size for comfort).



Years 7 – 11


Girls' Uniform



or


Total average Cost (Girls) inc footwear: £90

Boys' Uniform



Total average Cost (Boys) inc footwear: £90

Sixth Form




or


Sixth Form Uniform

Total Average Sixth Form Cost

£65
(Exc. optional Blazer)



Embroidered coat £30.00 TRUs only* (optional)



PE Kit: All items* (except shorts) are embroidered with the school logo and are available from Tees R Us. Plain shorts are available from supermarkets.

Important notes: Trousers and skirts should be traditional uniform style – as sold in supermarkets and uniform stockists (no jeans, lycra, tight fit or rips will be accepted). Make-up is not permitted in Years 7-9, discrete make-up is acceptable in Years 10-13. Jewellery is not encouraged; earrings should be stud / small hoops only, hair accessories should be simple and avoid extremes of fashion. Shoes should be plain black, smart and 'polish-able'; 'sports' and 'casual' trainers such as 'Vans' are not permitted.

**Wishing you all a safe and happy
half term break and we will see
all learners back in school on
Monday 27th February.**