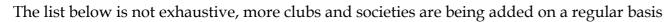
Ysgol Harri Tudur / Henry Tudor School

Extra-Curricular Opportunities Timetable Spring 2023





Day/Session	Monday	Tuesday	Wednesday	Thursday	Friday
Pre-School		Multi-Sports		Multi-Sports	
(SP 8:15-8:45)		Sports Hall		Sports Hall	
Mentor Time (8:45 – 9:15, Friday 8:45-9)		LRC		LRC	
Break 1a, Y7&8	Football & Rugby Skills,	Football & Rugby Skills,	Football & Rugby Skills,	Football & Rugby Skills,	Football & Rugby Skills,
(11:15 – 11:45, Friday 11-11:30)	Astro Turf	Astro Turf	Astro Turf	Astro Turf	Astro Turf
	Mindful Monday - Chill & Create: Y7 & 8 - Library	Rebel Readers: Y7 & 8 - Library	Read to Relax: Y7 & 8 - Library	Comics & Manga Club: Year 7 & 8 - Library	Games Club: Y7 & 8 - Library
	·		Rainbow Drop in (LGBTQ+ club in FA23)		
Break 1b, Y9,10,11	Football & Rugby Skills,	Football & Rugby Skills,	Football & Rugby Skills,	Football & Rugby Skills,	Football & Rugby Skills,
(12:15-12:45,	Astro Turf	Astro Turf	Astro Turf	Astro Turf	Astro Turf
Friday 12-12:30)	Read, Research, Discover: Year 9, 10 & 11 - Library	Read, Research, Discover: Year 9, 10 & 11 - Library	Read, Research, Discover: Year 9, 10 & 11 - Library	Week A: Readers of the Round Table: Year 9, 10 & 11 - Library	Read, Research, Discover: Year 9, 10 & 11 - Library
				Week B: Read, Research, Discover: Year 9, 10 & 11 - Library	
				Rainbow Drop in (LGBTQ+ Club in GD06)	
Break 2a, Y7&8	Football & Rugby Skills,	Football & Rugby Skills,	Football & Rugby Skills,	Football & Rugby Skills,	Enrichment
(1:45 – 2:15)	Astro Turf	Astro Turf	Astro Turf	Astro Turf	All years
	Y7 Keyboard Club - GE05	Read, Research, Discover: Year 7 & 8 - Library	Y7 Singers - GE05	Read, Research, Discover: Year 7 & 8 - Library	Meet in the hall at 1:45pm
					Street Dance
	Read, Research, Discover: Year 7 & 8 - Library	N	Read, Research, Discover: Year 7 & 8 - Library	1001001	Football Parkour
After School (3:15-4:15 unless specified,	Y7&8 Football	Y7&8 Girls	Y7&8	Y9&10 Girls	Tennis/Squash
Friday Enrichment	Hockey	Rugby	Netball Hall	Rugby	Rollerblading
(2–3:15)	Rugby Boys	Y9 - 6 th Form	Tian	Badminton &	Swimming*
	nagey zeye	Football	Y9-6th	Volleyball	Gym
	Y9 - 6th Form		Hockey	Hall	
	Netball	Gymnastics &			*For swim/gym
		Cheerleading	Basketball	Y9 - 6th Form	please contact the Leisure Centre and
	Y11 GCSE Digital Technology Catch Up GE15,	School Gym	School Gym	Girls Spin	book directly prior to the Friday session
	2.45 -4pm (begins Mon 16th January)	Y11 GCSE Digital Technology Catch Up GE15, 2.45 -	Y11 GCSE Digital Technology Catch Up GE15,	Y11 Hair & Beauty Catch-up, Phoenix Centre,	01437 776660
	Year 10 Duke of Edinburgh, FC03 (Begins Mon 26th Sept)	4pm	2.45-4pm	2:45pm (begins Thurs 07 Oct)	
		4	1		Music, All Years, GE05
		Y11 Duke of Edinburgh, FC03	Show Choir, All Years, School Hall	Read, Research, Discover: all years - Library	Drama, All Years, School Hall
	Chess Club: all years: Library	Rock School, All Years, GE06	Gardening Club, Wellbeing Garden (indoor if		
	Rainbow Drop in after school club (LGBTQ+ club) in the youth room CLC	D&T Enterprise club LE11	heavy rain) Every week A only throughout winter	Taekwondo (run by Jay Lee, 07943511961) 5:30pm	Choices Club: All years - Library
	LEGO League Robotic club FD01	KS4 English support (catch up and revision), FC02,	Additional Maths, Y11, Invitation only, 3-4pm		
		2:45-3:45pm	Science Club, All Years, FD01		
		Clwb Cymraeg, GC08, 3:15-4pm	Pupil Library Assistant Team: extra training and		
		Gaming Society (D&D and other role-playing and board games): all years – Library	activities - Library		
		Debate Club FC08			
		Sports Studies Catch Up/ Revision (GCSE and AS/A Level) - PE Department			
		n. C. L.			
		Police Cadets			

Black type - Sport Pembrokeshire/PE Department

Red type - School Activity/Club

Blue Type - External Activity/Club